

Foreword 2nd edition

Time has elapsed very quickly, too quickly indeed, and I am not aware, how came we have reached the month of February. A month which is full of events, which might also have an erotic significance namely; Saint Valentine, Dragobete, Martisorul and the 8th of March.

I believe that it is a positive sign sent by God itself that the project of the clinical guide ED, second edition, will be accomplished after a very long, long time.

Did we really need this second edition of the guide ? The answer is definitely YES. There are a whole number of reasons, and I will take the liberty to enumerate a few of them:

1. we need this guide, because the approach of the erectile dysfunction has changed since 2002.

2. the pieces of information regarding this topic have increased in number, consequently, a new practical rearrangement is needed. This fact determined our affiliation rebranding to the Romanian Association for the Medicine of Sexuality, coming from the Romanian Association of Erectile Dysfunction.

3. in comparison with the year 2002 the therapy of the erectile dysfunction has become more diverse. Apart from sildenafil, tadalafil and vardenafil have emerged on the market.

4. the hormonal therapy of the testosterone deficit has evolved in Romania too lately.

5. the approach of the erectile dysfunction has changed in a radical way from an oversimplified approach to the holistic one. It is no longer considered to be a singular and embarrassing phenomenon. It became much more than that.

6. the psychological dimension (approached by psychology and psychiatry) which has always been present in the etiopathogeny of the masculine, feminine and couple sexual dysfunctions, is an important component of the problem and has to be tackled as such.

7. the great variety of sources of information that have emerged lately generated a phenomenon that unblocked the dialogue about sexuality. An increasing number of psychologists and physicians are being asked about this type of problems. Thus there is a need of standardized information.

8. the erectile dysfunction becomes more and more a very reliable personal indicator of the psycho-metabolic and vascular state of health both at individual level and at that of the couple itself.

9. the population surveys conducted by The Romanian Association for the Medicine of Sexuality in 2004 and 2006 have shown that the potential patients need a more open medical world regarding the pathology of sexuality.

10. in order to be able to continue the formation process of the interdisciplinary teams, which approach these cases which are not of the easiest type.

I rest my case for now, but one can still find any number of other reasons.

As individuals dealing with these delicate and troublesome cases the reason why we go on is that "THANK YOU I made it, my life has changed for the better", that we receive in the street, in the airports, in the subway or by e-mail.

Sometimes our endeavour to spread out pieces of information, to write, or to see our patients pay off.

I want to thank all those who made tremendous efforts for this guide to appear. If you take the pain to read it you will see that it is much more than a sheer new version.

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